



Hjertelig velkommen på Røms!

Some important **informations for your stay** with us are following:

Our **Reception** is always open from 8-22 o'clock and there for all your questions.

Our **breakfast** buffet is available from 7:30 a.m. to 10 a.m. and we usually serve **dinner** in the restaurant between 6 p.m. and around 9 p.m.

During your stay you can use our outdoor and indoor pool. You will receive a 10% discount on the sauna and wellness treatments.

We breed our own horses and have selected all our breeding horses on their character and Tölt. Many of our guests have fallen in love and took a horse home with them. We have for sure a horse to suit every taste. And don't worry if the weather forecast is a bit negative - you can rent rain jackets, trousers and (usually also) rubber boots from us.

Sunday – your arrival day

With the motto of a hyggelig get-together we meet at **8.30 p.m.** in the bar (between restaurant and breakfast room) where you get a drink on bill of the house. You will get to know the other riding guests and us. We'll also tell you a bit about the farm and our horses.

Monday

You will get Breakfast in the hotel from **7.30 a.m.** at the buffet.

Afterwards we meet at the stables at **9 a.m.** where you will receive a detailed introduction and get to know our amazing Icelandic horses in person.

Your Ridingtour today:

3 hours "Old Fire Dam"

On your first day, you will experience the unique heathland and forest landscape of Rømø with us. The highlight of the tour is the ride over the old fire dam, which was used in the old days as protection against fires. You will probably also be able to admire a few cows in the paddock. A short drink break is included in the program.

Tölt & theory

In the afternoon, you will receive an interesting lecture in our riding room about the Icelandic horse and their gaits, especially the tölt. Afterwards, you will put the theory into practice on the oval track (or in the ridinghall). This will take about 1,5 hour and we will film you so that we can discuss the videos with you.



A warm welcome to Røms!

Campfire, line dancing & Scandinavian songs

In the evening, after dinner, we will meet at the campfire in the restaurant (between 6 and 7 p.m.) and bake stick bread and marshmallows with you. If you want, you can challenge yourself and try line dancing. We also listen to and sing to songs from Iceland and Denmark.

Guide Tipp: try “two in one” and combine the marshmallow with the stick bread. So, you first stick up the marshmallow and then wrap the dough from the stick bread around. But be careful, when the stick bread is getting too hot, the marshmallow will run out...



Tuesday

You get your Breakfast again in the hotel from **7.30 a.m.** Then today we will meet at the stables at **9.15 a.m.**

Your Ridingtour today:

3 hours “Banana Dune”

Today you're going to the beach. You'll feel the wind in your hair and the North Sea air in your nose. There's a lot to discover here too, for example the unique bird life in the Wadden Sea World Heritage Site. Your dream of a galopp along the beach will definitely come true here. The way back is through the Vråby Plantation.

Wine, videos & fine saddles

As our saddles are exposed to a lot of stress in the salt water and cleaning saddles is part of real riding life, we'll meet with you in the stables after dinner and hold a small, relaxed cleaning competition. For entertainment there will be music, good wine and soft drinks, stories about the horses and, last but not least, your videos of tölt lessons.



Wednesday

Breakfast in the hotel from **7.30 a.m.** Due to the hightide we will tell you **the day before** when we meet for the tour in the stable. If it is necessary, because you can't go to the buffet because of the ride, we will of course pack breakfast/lunchpackages for you.

Your Ridingtour today:

Ca. 8 hours “Mandøtour”

That defines the total time – we will ride around 4,5 h. After we select our horses, we will load them by trailer and drive to Vester Vedsted. We ride on the old “Ebbevej” to Mandø, then around the island to Mandø village, we pass a historic flood pole and then make a lunchbreak at our farm. On the way back to the trailers we will ride between the fields and surround the whole island on horseback.

Mandø or Manø is a **7.63 km²** Danish Island in the Wadden Sea between Rømø (to the south) and Fanø (to the north). The island had **31 inhabitants**, who live in Mandø City, which is located on the western part of the island (and **800 sheep!**). In addition to the **Ebbevejen** which we use for riding, there is the **Låningsvejen**, which connects Mandø with Vester Vedsted in Jutland. It is public and can be used also by car - if you know the tides!

In case of bad weather and storm we will ride in Linned Skov or in Stensbæk Plantage.



Thursday

Breakfast in the hotel from **7.30 a.m.** After we will meet at the stables at **9.15 a.m.**

Your Ridingtour today:

4 hours "Slagterbanken" (weeks 16, 22, 24-37 and 42)

You just can't get enough of the beach? No problem: Today we'll ride with you for 4 hours on the beach and in the dunes. You'll see mussels, seagulls, oystercatchers and maybe even a pair of sea eagles. You'll also ride past the famous "slaughter bank" and find out from our guides what this adventurous name means. On top you will have the possibility to go into the sea and swim with the horses so remember your swimwear.

Alternatively, on the remaining weeks, a wellness program including a 25-minute massage or a visit to the sauna awaits you.

Videohygge evening

After dinner in the restaurant, you will sit down together and watch a video about Icelandic horses with a drink. We usually meet with you at **8 p.m.**



Friday

Breakfast in the hotel from **7.30 a.m.** After we will meet at the stables at **9.15 a.m.**

Your Ridingtour today:

5 hours "Half-Day-Tour"

On the second last day of your program, we will take you on the Rømø half-day tour. Here you will experience everything that Rømø has to offer in terms of riding: winding forest paths, heath, our old fire dam, the "slaughter bank", the dunes and the ride across our field where the young mares live, as well as a tour to the beach. In the low season we will ride with you along the beach to Lakolk.

Sønderjysk Kaffebord

To fortify yourself, we invite you to a regional specialty: Sønderjysk Kaffebord (South Danish coffee table). Lots of cakes and coffee await you in a cozy atmosphere in our restaurant or on the terrace.

approx. 2 hours of fun competition

Another highlight awaits you in the evening: we will go to the oval track and hold a small fun competition with you. You will compete in the "beer-glass tölt" category - who loses the least beer after a round? If necessary, we can also hold flag races or tölt races.



Saturday

Breakfast in the hotel from **7.30 a.m.** After we will meet at the stables at **9.15 a.m.**

Your Ridingtour today:

8 hours "Koresand"

That defines the total time – we will ride around 3,5 h. But to reach Koresand we need to take the horses we selected into the trailer and drive from Vester Vedsted over the Låningsvejen to our Farm Mandøgården. From here we ride through the village, along the dike onto the huge 20 km² large Sandbank where the guests maybe can see sea eagles and seals. Experience drifting sands, birds, seals and enjoy the tranquility with no cars and no tourist.

Koresand is a **20 km²** sandbank in the Wadden Sea southwest of Mandø. The sand bank is flooded during storms, which prevents the growth of plants and the formation of permanent dunes. The name Korre is a West Jutland term for a special fishing net. Koresand is an **island at high tide** but becomes **landlocked** with Mandø **at low tide**. You can be on the sandbank for 3 hours before high tide cuts off Koresand from Mandø and Mandø from the mainland.



In case of bad weather and storm we will ride with the guests in Linned Skov or in Stensbæk Plantage.

Dinner together & feedback session

On our last evening together we all will eat at around 19:30 and then sit down for a drink to talk about the week and its adventures.

We would like to know from you, what has been good and where are the points we can improve, your opinion is important to us, we want to continually develop ourselves further.



Sunday

Breakfast in the hotel from **7.30 a.m.**

You need to check out your room until **10 a.m.**, but you're very welcome to take a last visit in the stable for a "**see you next time**"!